

ETAPA/STAGE 1  
FECHA: 10/02/2013

Recorrido / Course Sinopsis

Liberia - Las Lilas - Curubandé - Liberia

Dedicado:		Lugar de llegada / Finish place	SUPERCOMPRO PLAZA
Total Kilometros:	94	Control Antidoping /	
Modalidad / Meeting place	línea /Pt. To Pt. Race	Altitud min. / Min. Altitude	75 msnn/m.a.s.i.
Firma de planillas / Book signing place	RCOMPRO PLAZA	Altitud max. / Max Altitude	498 msnn/m.a.s.i.
Hora Inicio firma / Book signing start time	7:00 am.	Km acumulado / Accumulated	
Hora cierra firmas / Book signing close time	7:50 am.	Descalificación / Time limit	
Hora de salida / Start time	08:30 a.m.	Hospital	Liberia

Referencia / Reference Point	Kms	Kms Restantes Remaining	Alt	Descripción Detail	35KPH	40 KPH	42 KPH
1 Supermercado SUPERCOMPRO PLAZA	0	94.0	145	 KM Cero	08:30 a.m.	08:30 a.m.	08:30 a.m.
2 Semáforos Carretera Interamericana	0.5	93.5	138	 Derecha	08:30:51 a.m.	08:30:45 a.m.	08:30:43 a.m.
3 Puente Río Claro	2.6	91.4	132	Paso	08:34:27 a.m.	08:33:54 a.m.	08:33:43 a.m.
4 Puente Río Santa Inés	4	90.0	128	Paso	08:36:51 a.m.	08:36:00 a.m.	08:35:43 a.m.
5 Entrada a Curubandé	5.3	88.7	128	Paso	08:39:05 a.m.	08:37:57 a.m.	08:37:34 a.m.
6 Puente Río Colorado	7	87.0	109	Paso	08:42:00 a.m.	08:40:30 a.m.	08:40:00 a.m.
7 Entrada Cañas Dulces	12.3	81.7	107	Paso	08:51:05 a.m.	08:48:27 a.m.	08:47:34 a.m.
8 Puente Río Hirigaray	14	80.0	76	Paso	08:54:00 a.m.	08:51:00 a.m.	08:50:00 a.m.
9 Puente Río Ahogados	17.5	76.5	75	 Abre Asistencia	09:00:00 a.m.	08:56:15 a.m.	08:55:00 a.m.
10 Entrada a Quebrada Grande	25.2	68.8	95	 Derecha	09:13:12 a.m.	09:07:48 a.m.	09:06:00 a.m.
11 Pulpería Pirineos Quebrada Grande	32.2	61.8	363	Paso	09:25:12 a.m.	09:18:18 a.m.	09:16:00 a.m.
12 Escuela Quebrada Grande	32.3	61.7	363	Paso	09:25:22 a.m.	09:18:27 a.m.	09:16:09 a.m.
13 Segunda esquina Plaza de Futbol	32.4	61.6	363	 Izquierda	09:25:33 a.m.	09:18:36 a.m.	09:16:17 a.m.
14 Puente Angosto	33.3	60.7	385	 Precaución	09:27:05 a.m.	09:19:57 a.m.	09:17:34 a.m.
15 Puente Angosto	34.5	59.5	432	 Precaución	09:29:09 a.m.	09:21:45 a.m.	09:19:17 a.m.
16 Entrada Pueblo Las Lilas	35.6	58.4	483	Paso	09:31:02 a.m.	09:23:24 a.m.	09:20:51 a.m.
17 Retorno	36.4	57.6	498	 Retorno	09:32:24 a.m.	09:24:36 a.m.	09:22:00 a.m.
18 Puente Angosto	39.7	54.3	432	 Precaución	09:38:03 a.m.	09:29:33 a.m.	09:26:43 a.m.
19 Puente Angosto	39.5	54.5	385	 Precaución	09:37:43 a.m.	09:29:15 a.m.	09:26:26 a.m.
20 Plaza de Futbol Quebrada Grande	40.4	53.6	363	 Derecha	09:39:15 a.m.	09:30:36 a.m.	09:27:43 a.m.

21	Escuela Quebrada Grande	40.5	53.5	363		Paso	09:39:26 a.m.	09:30:45 a.m.	09:27:51 a.m.
22	Potreros-Entrada Quebrada Grande	47.5	46.5	95		Izquierda	09:51:26 a.m.	09:41:15 a.m.	09:37:51 a.m.
23	Puente Río Ahogados	55.3	38.7	75		Paso	10:04:48 a.m.	09:52:57 a.m.	09:49:00 a.m.
24	Puente Río Hirigaray	58.8	35.2	76		Paso	10:10:48 a.m.	09:58:12 a.m.	09:54:00 a.m.
25	Entrada a Cañas Dulces	60.7	33.3	107		Paso	10:14:03 a.m.	10:01:03 a.m.	09:56:43 a.m.
26	Puente Río Colorado	66	28.0	109		Paso	10:23:09 a.m.	10:09:00 a.m.	10:04:17 a.m.
27	Entrada Curubandé	67.7	26.3	128		Izquierda	10:26:03 a.m.	10:11:33 a.m.	10:06:43 a.m.
28	Puente Angosto Río Colorado	69.4	24.6	140		Precaución	10:28:58 a.m.	10:14:06 a.m.	10:09:09 a.m.
29	Cañón de La Vieja Lodge	70.7	23.3	159		Paso	10:31:12 a.m.	10:16:03 a.m.	10:11:00 a.m.
30	Plantel de Trabajo ICE	77.4	16.6	301		Paso	10:42:41 a.m.	10:26:06 a.m.	10:20:34 a.m.
31	Parque Curubandé	78.1	15.9	326		Cierre Asistencia	10:43:53 a.m.	10:27:09 a.m.	10:21:34 a.m.
32	Iglesia Curubandé	78.2	15.8	334		Retorno	10:44:03 a.m.	10:27:18 a.m.	10:21:43 a.m.
33	Cañón de La Vieja Lodge	85.7	8.3	159		Paso	10:56:55 a.m.	10:38:33 a.m.	10:32:26 a.m.
34	Puente Angosto Río Colorado	87	7.0	140		Precaución	10:59:09 a.m.	10:40:30 a.m.	10:34:17 a.m.
35	Salida Curubandé - Interamericana	88.7	5.3	128		Izquierda	11:02:03 a.m.	10:43:03 a.m.	10:36:43 a.m.
36	Entrada antiguo Hotel El Delfín	89	5.0	128		5 km a Meta	11:02:34 a.m.	10:43:30 a.m.	10:37:09 a.m.
37	Puente Río Santa Inés	90	4.0	128		Paso	11:04:17 a.m.	10:45:00 a.m.	10:38:34 a.m.
38	Academia TEOCALI	91	3.0	129		3 km a Meta	11:06:00 a.m.	10:46:30 a.m.	10:40:00 a.m.
39	Puente Río Claro	91.4	2.6	132		Paso	11:06:41 a.m.	10:47:06 a.m.	10:40:34 a.m.
40	Muflas y Silenciadores Guanacaste	93	1.0	134		1 km a Meta	11:09:26 a.m.	10:49:30 a.m.	10:42:51 a.m.
41	Semáforos Interamericana	93.5	0.5	138		Izquierda	11:10:17 a.m.	10:50:15 a.m.	10:43:34 a.m.
42	Ingreso por carril izquierdo Boulevard	93.5	0.5	138		Precaución	11:10:17 a.m.	10:50:15 a.m.	10:43:34 a.m.
43	Supermercado SUPERCOMPRO PLAZA	94	0.0	145		META	11:11:09 a.m.	10:51:00 a.m.	10:44:17 a.m.

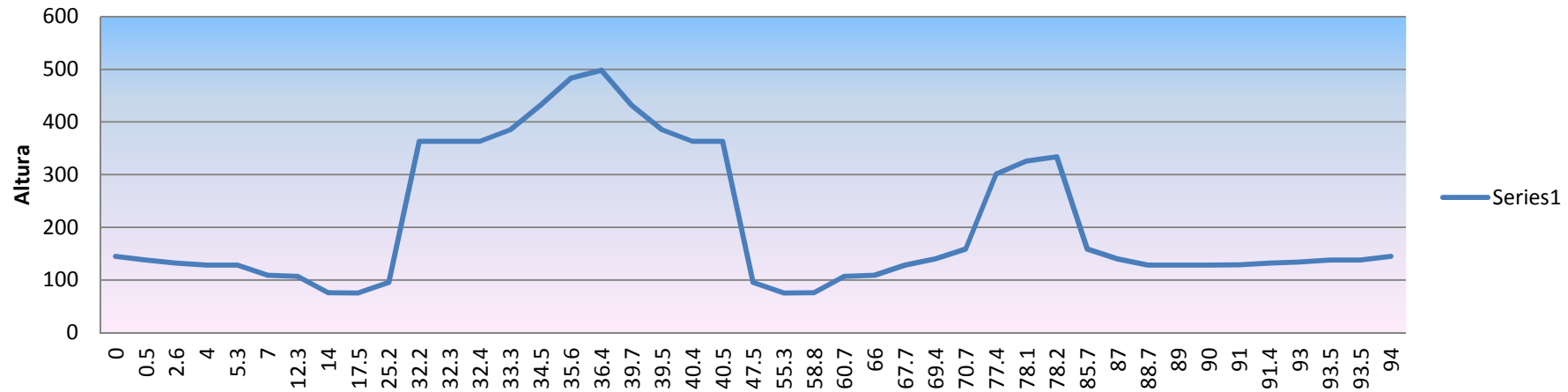
Categoría Infantil: Liberia - Entrada Curubandé - Retorno Curubandé - Liberia 32 kms

Categoría prejuvenil y NO FEDERADOS: Liberia - Entrada de Cañas Dulces - Retorno Curubandé - Liberia 42 kms

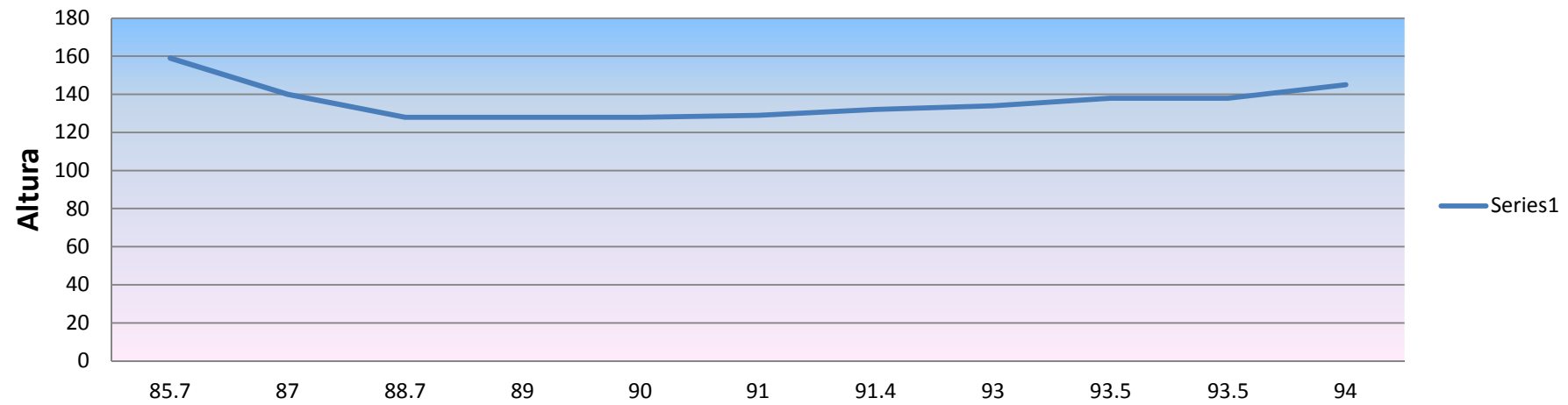
Categoría Juvenil - Femenino - Máster C: Liberia - Retorno Las Lilas - Liberia 70 kms

Categoría Élite - Máster A - Máster B: Liberia- Quebrada Grande - Las Lilas - Potrerillos - Curubandé - Liberia 94 Kms

## Altimetría 1º fecha III COPA GUANACASTECA DE CICLISMO DE RUTA SUPER COMPRO 2013



### 10 kms a Meta



**ETAPA/STAGE 2**  
**FECHA: 24/03/2013**

**Recorrido / Course Sinopsis**

**Bagaces - Fortuna - Guayabo - Bagaces**

Dedicado:		Lugar de llegada / Finish place	SUPERCOMPRO
Total Kilometros:	81.9	Control Antidoping /	
Modalidad / Meeting place	linea /Pt. To Pt. Race	Altitud min. / Min. Altitude	83 msnn/m.a.s.i.
Firma de planillas / Book signing place	SUPERCOMPRO PLAZA	Altitud max. / Max Altitude	710 msnn/m.a.s.i.
Hora Inicio firma / Book signing start time	7:00 am.	Km acumulado / Accumulated	
Hora cierra firmas / Book signing close time	7:50 am.	Descalificación / Time limit	
Hora de salida / Start time	08:30 a.m.	Hospital	Liberia

Referencia / Reference Point	Kms	Kms Restantes Remaining	Alt	Descripción Detail	35KPH	40 KPH	42 KPH
1 Supermercado SUPERCOMPRO	0	81.9	83		08:30 a.m.	08:30 a.m.	08:30 a.m.
2 Calle principal hacia Fortuna	0.9	81.0	83		08:31:33 a.m.	08:31:21 a.m.	08:31:17 a.m.
3 Puente Angosto	1.2	80.7	83		08:32:03 a.m.	08:31:48 a.m.	08:31:43 a.m.
4 Escuela de Salitral	9.8	72.1	172		08:46:48 a.m.	08:44:42 a.m.	08:44:00 a.m.
5 Escuela de Salitral	9.8	72.1	172		08:46:48 a.m.	08:44:42 a.m.	08:44:00 a.m.
6 Desvío Fortuna - Guayabo	15.3	66.6	366		08:56:14 a.m.	08:52:57 a.m.	08:51:51 a.m.
7 Puente Angosto Río Blanco	18.1	63.8	273		09:01:02 a.m.	08:57:09 a.m.	08:55:51 a.m.
8 Ascenso del Torno	18.9	63.0	318		09:02:24 a.m.	08:58:21 a.m.	08:57:00 a.m.
9 Entrada a San Bernardo	20.6	61.3	398		09:05:19 a.m.	09:00:54 a.m.	08:59:26 a.m.
10 Puente Angosto	22.8	59.1	432		09:09:05 a.m.	09:04:12 a.m.	09:02:34 a.m.
11 Plaza Fortuna - Reductor velocidad	23.3	58.6	435		09:09:57 a.m.	09:04:57 a.m.	09:03:17 a.m.
12 La Fortuna, Soda La Central	23.4	58.5	435		09:10:07 a.m.	09:05:06 a.m.	09:03:26 a.m.
13 La Fortuna, Licorera la Central	23.5	58.4	435		09:10:17 a.m.	09:05:15 a.m.	09:03:34 a.m.
14 Desvío Fortuna - Guayabo	23.6	58.3	435		09:10:27 a.m.	09:05:24 a.m.	09:03:43 a.m.
15 Planta Geotérmica Miravalles	27	54.9	656		09:16:17 a.m.	09:10:30 a.m.	09:08:34 a.m.
16 Balneario YOKO	28.2	53.7	574		09:18:21 a.m.	09:12:18 a.m.	09:10:17 a.m.
17 Desvío Guayabo - Aguas Aclaras	30.2	51.7	566		09:21:46 a.m.	09:15:18 a.m.	09:13:09 a.m.
18 Almacén el Colono	32.2	49.7	559		09:25:12 a.m.	09:18:18 a.m.	09:16:00 a.m.
19 Minisuper Alvarado	33.4	48.5	556		09:27:15 a.m.	09:20:06 a.m.	09:17:43 a.m.
20 Puente Angosto ingreso a Guayabo	33.6	48.3	552		09:27:36 a.m.	09:20:24 a.m.	09:18:00 a.m.
21 Iglesia Guayabo Reductor velocidad	34.2	47.7	551		09:28:38 a.m.	09:21:18 a.m.	09:18:51 a.m.

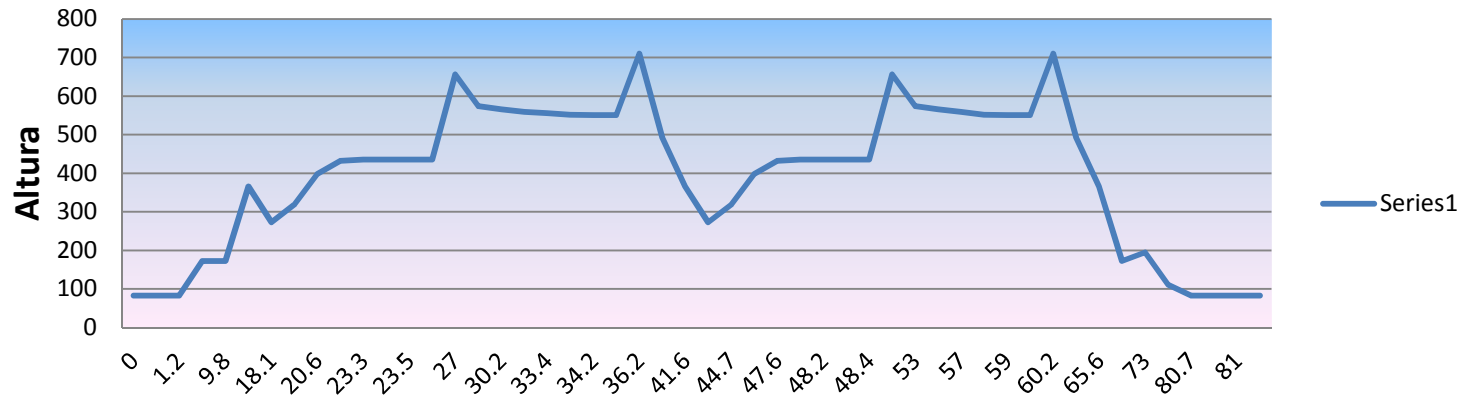
22	Pollos Chitoburguesas Reductor Velocidad	34.3	47.6	551	!	Precaución	09:28:48 a.m.	09:21:27 a.m.	09:19:00 a.m.
23	Desvío San Jorge Alto de Guayabo	36.2	45.7	710		Paso	09:32:03 a.m.	09:24:18 a.m.	09:21:43 a.m.
24	Descenso Las Eses	38.8	43.1	492	!	Precaución	09:36:31 a.m.	09:28:12 a.m.	09:25:26 a.m.
25	Desvío Guayabo - Fortuna	41.6	40.3	366	←	Izquierda	09:41:19 a.m.	09:32:24 a.m.	09:29:26 a.m.
26	Puente Angosto Río Blanco	43.9	38.0	273	!	Precaución	09:45:15 a.m.	09:35:51 a.m.	09:32:43 a.m.
27	Ascenso del Torno	44.7	37.2	318		Paso	09:46:38 a.m.	09:37:03 a.m.	09:33:51 a.m.
28	Entrada a San Bernardo	46.4	35.5	398		Paso	09:49:33 a.m.	09:39:36 a.m.	09:36:17 a.m.
29	Puente Angosto	47.6	34.3	432	!	Precaución	09:51:36 a.m.	09:41:24 a.m.	09:38:00 a.m.
30	Plaza Fortuna - Reductor velocidad	48.1	33.8	435	!	Precaución	09:52:27 a.m.	09:42:09 a.m.	09:38:43 a.m.
31	La Fortuna, Soda La Central	48.2	33.7	435	→	Derecha	09:52:38 a.m.	09:42:18 a.m.	09:38:51 a.m.
32	La Fortuna, Licorera la Central	48.3	33.6	435		Paso	09:52:48 a.m.	09:42:27 a.m.	09:39:00 a.m.
33	Desvío Fortuna - Guayabo	48.4	33.5	435	←	Izquierda	09:52:58 a.m.	09:42:36 a.m.	09:39:09 a.m.
34	Planta Geotérmica Miravalles	51.8	30.1	656		Paso	09:58:48 a.m.	09:47:42 a.m.	09:44:00 a.m.
35	Balneario YOKO	53	28.9	574		Paso	10:00:51 a.m.	09:49:30 a.m.	09:45:43 a.m.
36	Desvío Guayabo - Aguas Aclaras	55	26.9	566	←	Izquierda	10:04:17 a.m.	09:52:30 a.m.	09:48:34 a.m.
37	Almacén el Colono	57	24.9	559		Paso	10:07:43 a.m.	09:55:30 a.m.	09:51:26 a.m.
38	Puente Angosto ingreso a Guayabo	58.4	23.5	552	!	Precaución	10:10:07 a.m.	09:57:36 a.m.	09:53:26 a.m.
39	Panadería Musmani - Reductor velocidad	59	22.9	551	!	Precaución	10:11:09 a.m.	09:58:30 a.m.	09:54:17 a.m.
40	Plantel ICE - Reductor Velocidad	59.1	22.8	551	!	Precaución	10:11:19 a.m.	09:58:39 a.m.	09:54:26 a.m.
41	Desvío San Jorge Alto de Guayabo	60.2	21.7	710		Paso	10:13:12 a.m.	10:00:18 a.m.	09:56:00 a.m.
42	Descenso Las Eses	62.8	19.1	492	!	Precaución	10:17:39 a.m.	10:04:12 a.m.	09:59:43 a.m.
43	Desvío Guayabo - Fortuna	65.6	16.3	366	→	Derecha	10:22:27 a.m.	10:08:24 a.m.	10:03:43 a.m.
44	Escuela de Salitral	72.1	9.8	172		Paso	10:33:36 a.m.	10:18:09 a.m.	10:13:00 a.m.
45	Ascenso Salitral	73	8.9	195	🚰	Cierre Asist	10:35:09 a.m.	10:19:30 a.m.	10:14:17 a.m.
46	Barrio El Brasil	78.9	3.0	111	🚰	3 Km a Meta	10:45:15 a.m.	10:28:21 a.m.	10:22:43 a.m.
47	Puente Angosto	80.7	1.2	83	!	Precaución	10:48:21 a.m.	10:31:03 a.m.	10:25:17 a.m.
48	200 metros después del puente angosto	80.9	1.0	83	🚰	1 km a Meta	10:48:41 a.m.	10:31:21 a.m.	10:25:34 a.m.
49	Desvío Ingreso a Ciudad de Bagaces	81	0.9	83		Izquierda	10:48:51 a.m.	10:31:30 a.m.	10:25:43 a.m.
50	Supermercado SUPERCOMPRO	81.9	0.0	83	🏁	Meta	10:50:24 a.m.	10:32:51 a.m.	10:27:00 a.m.

Categoría Infantil: Bagaces - Fortuna 23 kms

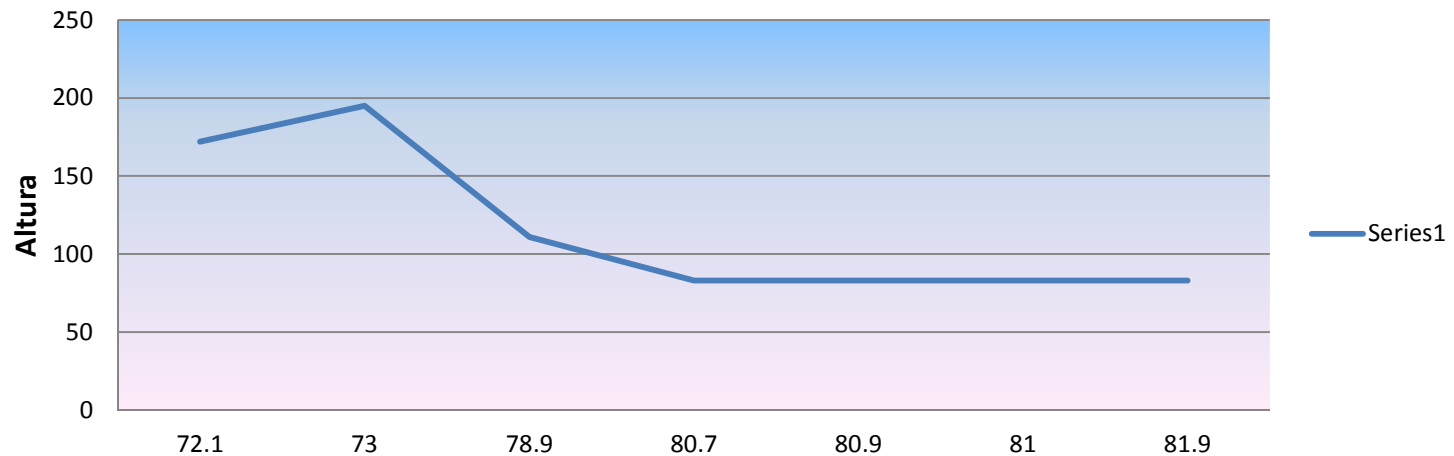
Categoría prejuvenil - Femenino - Máster C y NO FEDERADOS: Bagaces - Fortuna - Guayabo - Bagaces 57 kms

Categoría Élite - Máster A - Máster B: Bagaces - desvío Fortuna - Fortuna - Guayabo - desvío Fortuna - Fortuna - Guayabo - Bagaces 81.9 Kms

## Altimetría 2º fecha III COPA GUANACASTECA DE CICLISMO DE RUTA SUPER COMPRO 2013



### 10 kms a Meta



ETAPA/STAGE 3  
Fecha: 12/05/2013

## Recorrido / Course Sinopsis

### Santa Cruz - Villareal - Santa Cruz

Dedicado:

Total Kilometros: 102.8

Modalidad / Meeting place: línea /Pt. To Pt. Race

Firma de planillas / Book signing place: Super Compro Sta Cruz.

Hora Inicio firma / Book signing start time: 07:00 a.m.

Hora cierra firmas / Book signing close time: 08:15 a.m.

Hora de salida / Start time: 08:30 a.m.

Lugar de llegada / Finish place

Control Antidoping /

Altitud min. / Min. Altitude

Altitud max. / Max Altitude

Km acumulado / Accumulated

Descalificación / Time limit






Hospital








SUPERCOMPRO PLAZA

msnn/m.a.s.i.










msnn/m.a.s.i.

Santa Cruz

Referencia / Reference Point	Kms	Kms Restantes Remaining	Alt		Descripción Detail	35KPH	40 KPH	42 KPH
1 SUPER COMPRO PLAZA Santa Cruz	0.0	102.8	51.0		Salida	08:30:00 a.m.	08:30:00 a.m.	08:30:00 a.m.
2 Coope Guanacaste	0.1	102.7	51.0		Paso	08:30:10 a.m.	08:30:09 a.m.	08:30:09 a.m.
3 OIJ	0.2	102.6	51.0		Paso	08:30:21 a.m.	08:30:18 a.m.	08:30:17 a.m.
4 Tribunales de Justicia	0.3	102.5	49.0		Derecha	08:30:31 a.m.	08:30:27 a.m.	08:30:26 a.m.
5 I.C.E.	0.5	102.3	49.0		Paso	08:30:48 a.m.	08:30:42 a.m.	08:30:40 a.m.
6 Soda Doña Hilda	0.7	102.1	49.0		Paso	08:31:11 a.m.	08:31:02 a.m.	08:30:59 a.m.
7 Asoc. De Desarrollo Integral de Buanos Aires	0.8	102.0	49.0		Paso	08:31:22 a.m.	08:31:12 a.m.	08:31:09 a.m.
8 Farmacia La Auxiliadora	1.0	101.8	47.0		Izquierda	08:31:43 a.m.	08:31:30 a.m.	08:31:26 a.m.
9 Semáforo Santa Cruz - Banco Nacional	1.2	101.6	47.0		Paso	08:32:03 a.m.	08:31:48 a.m.	08:31:43 a.m.
10 Puente sobre río Diria	1.6	101.2	48.0		Paso	08:32:43 a.m.	08:32:22 a.m.	08:32:15 a.m.
11 Cruce Junquillal	1.7	101.1	48.0		Paso	08:32:53 a.m.	08:32:31 a.m.	08:32:24 a.m.
12 Universidad Latina	2.6	100.2	42.0		Paso	08:34:32 a.m.	08:33:58 a.m.	08:33:46 a.m.
13 Cruce Bernabella	9.6	93.2	38.0		Paso	08:46:26 a.m.	08:44:23 a.m.	08:43:42 a.m.
14 Indu Farm	9.9	92.9	26.0		Paso	08:46:58 a.m.	08:44:51 a.m.	08:44:09 a.m.
15 Puente sobre rio Cañas	11.7	91.1	24.0		Paso	08:50:03 a.m.	08:47:33 a.m.	08:46:43 a.m.
16 Bodega Arroz Imperio	12.9	89.9	36.0		Paso	08:52:07 a.m.	08:49:21 a.m.	08:48:26 a.m.
17 Ascenso Río Cañas	13.4	89.4	58.0		Apertura Asist.	08:52:58 a.m.	08:50:06 a.m.	08:49:09 a.m.
18 Bar El Bosque	15.7	87.1	44.0		Paso	08:56:52 a.m.	08:53:30 a.m.	08:52:23 a.m.
19 Puente	17.3	85.5	37.0		Paso	08:59:37 a.m.	08:55:55 a.m.	08:54:41 a.m.
20 Servicentro Belén	18.4	84.5	40.0		Izquierda	09:01:27 a.m.	08:57:31 a.m.	08:56:13 a.m.
21 Bar Rest. El Paso del Baquero	19.3	83.6	44.0		Paso	09:03:00 a.m.	08:58:52 a.m.	08:57:30 a.m.
22 Cementerio	19.6	83.2	50.0		Paso	09:03:36 a.m.	08:59:24 a.m.	08:58:00 a.m.
23 Bar Rest. Cabinas La Cabaña	21.3	81.5	62.0		Paso	09:06:29 a.m.	09:01:55 a.m.	09:00:24 a.m.

24	Cancha de Futbol Santa Ana	22.2	80.6	71.0		Paso	09:08:03 a.m.	09:03:18 a.m.	09:01:43 a.m.
25	Cruce Santa Ana a Huacas	22.4	80.4	71.0		Izquierda	09:08:24 a.m.	09:03:36 a.m.	09:02:00 a.m.
26	Puente sobre Rio Santa Ana	22.6	80.2	71.0		Paso	09:08:45 a.m.	09:03:54 a.m.	09:02:17 a.m.
27	Antena de Telecomunicaciones	26.9	75.9	67.0		Paso	09:16:07 a.m.	09:10:21 a.m.	09:08:26 a.m.
28	Bar Las Brisas	27.4	75.4	56.0		Paso	09:16:58 a.m.	09:11:06 a.m.	09:09:09 a.m.
29	Puente	27.4	75.4	56.0		Paso	09:16:58 a.m.	09:11:06 a.m.	09:09:09 a.m.
30	Cruce Cartagena	29.9	72.9	81.0		Paso	09:21:15 a.m.	09:14:51 a.m.	09:12:43 a.m.
31	Canopy Cartagena	32.0	70.8	58.0		Paso	09:24:51 a.m.	09:18:00 a.m.	09:15:43 a.m.
32	Puente	33.6	69.3	53.0		Paso	09:27:31 a.m.	09:20:19 a.m.	09:17:56 a.m.
33	Puente	33.8	69.0	53.0		Paso	09:27:57 a.m.	09:20:42 a.m.	09:18:17 a.m.
34	Funciación Monkey Park	36.3	66.5	51.0		Paso	09:32:14 a.m.	09:24:27 a.m.	09:21:51 a.m.
35	Rancho Cartagena	36.7	66.1	49.0		Paso	09:32:55 a.m.	09:25:03 a.m.	09:22:26 a.m.
36	Puente	37.0	65.8	49.0		Paso	09:33:26 a.m.	09:25:30 a.m.	09:22:51 a.m.
37	Cruce Portogolpe	37.2	65.6	47.0		Paso	09:33:46 a.m.	09:25:48 a.m.	09:23:09 a.m.
38	Estación de Serv. Oasis	38.6	64.2	62.0		Paso	09:36:10 a.m.	09:27:54 a.m.	09:25:09 a.m.
39	Cruce El Llano	39.7	63.1	62.0		Paso	09:38:03 a.m.	09:29:33 a.m.	09:26:43 a.m.
40	Plaza Izarra	42.0	60.8	84.0		Paso	09:42:00 a.m.	09:33:00 a.m.	09:30:00 a.m.
41	Comaco	42.3	60.5	72.0		Paso	09:42:31 a.m.	09:33:27 a.m.	09:30:26 a.m.
42	Huacas - Cruce a Tamarindo	42.9	59.9	52.0		Izquierda	09:43:33 a.m.	09:34:21 a.m.	09:31:17 a.m.
43	Rest. La Boya	43.9	58.9	49.0		Paso	09:45:15 a.m.	09:35:51 a.m.	09:32:43 a.m.
44	Best Western	45.6	57.2	43.0		Paso	09:48:10 a.m.	09:38:24 a.m.	09:35:09 a.m.
45	The Oaks	46.4	56.4	42.0		Paso	09:49:33 a.m.	09:39:36 a.m.	09:36:17 a.m.
46	Soda El Palmar	48.5	54.3	43.0		Paso	09:53:09 a.m.	09:42:45 a.m.	09:39:17 a.m.
47	Cementerio	48.8	54.0	42.0		Paso	09:53:39 a.m.	09:43:12 a.m.	09:39:43 a.m.
48	Cruce Santa Rosa	49.5	53.3	41.0		Paso	09:54:51 a.m.	09:44:15 a.m.	09:40:43 a.m.
49	Royal Palms Plaza	49.9	52.9	41.0		Paso	09:55:33 a.m.	09:44:51 a.m.	09:41:17 a.m.
50	Puente	50.0	52.8	50.0		Paso	09:55:43 a.m.	09:45:00 a.m.	09:41:26 a.m.
51	Cruce Tamarindo	51.0	51.8	50.0		Paso	09:57:26 a.m.	09:46:30 a.m.	09:42:51 a.m.
52	2a Esquina Plaza Futbol Villareal	51.3	51.5	51.0		Retorno	09:57:57 a.m.	09:46:57 a.m.	09:43:17 a.m.
53	2a Esquina Plaza Futbol Villareal	51.3	51.5	56.0		Izquierda	09:57:57 a.m.	09:46:57 a.m.	09:43:17 a.m.
54	Iglesia Villareal	51.4	51.4	56.0		Izquierda	09:58:07 a.m.	09:47:06 a.m.	09:43:26 a.m.
55	Salón Yamalu	51.5	51.3	51.0		Izquierda	09:58:17 a.m.	09:47:15 a.m.	09:43:34 a.m.
56	Señal ALTO - Diagonal a Bar Caracol	51.6	51.2	50.0		Derecha	09:58:27 a.m.	09:47:24 a.m.	09:43:43 a.m.
57	Cruce Tamarindo	51.7	51.1	41.0		Paso	09:58:38 a.m.	09:47:33 a.m.	09:43:51 a.m.
58	Puente y Royal Palms Plaza	52.8	50.0	41.0		Paso	10:00:31 a.m.	09:49:12 a.m.	09:45:26 a.m.
59	Cruce Santa Rosa	53.2	49.6	42.0		Paso	10:01:12 a.m.	09:49:48 a.m.	09:46:00 a.m.
60	Cementerio	54.0	49.6	42.0		Paso	10:01:12 a.m.	09:49:48 a.m.	09:46:00 a.m.
61	Estación de Serv. Cerrada	54.2	48.8	41.0		Paso	10:02:34 a.m.	09:51:00 a.m.	09:47:09 a.m.
62	The Oaks	56.4	48.6	51.0		Paso	10:02:55 a.m.	09:51:18 a.m.	09:47:26 a.m.



63	Best Western	57.2	46.4	53.0		Paso	10:06:41 a.m.	09:54:36 a.m.	09:50:34 a.m.
64	Rest. La Boya	58.9	45.6	54.0		Paso	10:08:03 a.m.	09:55:48 a.m.	09:51:43 a.m.
65	Huacas - Cruce a Cartagena	59.8	43.9	52.0		Derecha	10:10:58 a.m.	09:58:21 a.m.	09:54:09 a.m.
66	Plaza Izarra	60.8	43.0	84.0		Paso	10:12:31 a.m.	09:59:42 a.m.	09:55:26 a.m.
67	Mini Super Los 3 Hermanos	63.1	42.0	80.0		Paso	10:14:14 a.m.	10:01:12 a.m.	09:56:51 a.m.
68	Estación de Serv. Oasis	64.1	39.7	62.0		Paso	10:18:10 a.m.	10:04:39 a.m.	10:00:09 a.m.
69	Puente	65.7	38.7	49.0		Paso	10:19:53 a.m.	10:06:09 a.m.	10:01:34 a.m.
70	Rancho Cartagena	66.1	37.1	49.0		Paso	10:22:38 a.m.	10:08:33 a.m.	10:03:51 a.m.
71	Paseo Tablado	68.2	36.7	50.0		Paso	10:23:19 a.m.	10:09:09 a.m.	10:04:26 a.m.
72	Puente	69.0	34.6	53.0		Paso	10:26:55 a.m.	10:12:18 a.m.	10:07:26 a.m.
73	Puente	69.2	33.8	53.0		Paso	10:28:17 a.m.	10:13:30 a.m.	10:08:34 a.m.
74	Canopy Cartagena	70.7	33.6	58.0		Paso	10:28:38 a.m.	10:13:48 a.m.	10:08:51 a.m.
75	Villas Ron Ron	72.4	32.1	72.0		Paso	10:31:12 a.m.	10:16:03 a.m.	10:11:00 a.m.
76	Cruce Cartagena	72.9	30.4	81.0		Paso	10:34:07 a.m.	10:18:36 a.m.	10:13:26 a.m.
77	Antena de Telecomunicaciones	73.4	29.4	67.0		Paso	10:35:50 a.m.	10:20:06 a.m.	10:14:51 a.m.
78	Puente - Bar Las Brisas	75.3	27.5	56.0		Paso	10:39:05 a.m.	10:22:57 a.m.	10:17:34 a.m.
79	Puente sobre Río Santa Ana	80.1	22.7	71.0		Paso	10:47:19 a.m.	10:30:09 a.m.	10:24:26 a.m.
80	Cruce Santa Ana a Belén	80.3	22.5	71.0		Derecha	10:47:39 a.m.	10:30:27 a.m.	10:24:43 a.m.
81	Bar Rest. Cabinas La Cabaña	81.5	21.3	62.0		Paso	10:49:43 a.m.	10:32:15 a.m.	10:26:26 a.m.
82	Cementerio	83.0	19.8	50.0		Paso	10:52:17 a.m.	10:34:30 a.m.	10:28:34 a.m.
83	Servicentro Belén	84.5	18.3	53.0		Derecha	10:54:51 a.m.	10:36:45 a.m.	10:30:43 a.m.
84	Puente	85.5	17.3	55.0		Paso	10:56:34 a.m.	10:38:15 a.m.	10:32:09 a.m.
85	Ascenso Río Cañas	86.6	16.2	58.0		Cierre Asist.	10:58:27 a.m.	10:39:54 a.m.	10:33:43 a.m.
86	Bodega Arroz Imperio	90.0	12.8	36.0		Paso	11:04:17 a.m.	10:45:00 a.m.	10:38:34 a.m.
87	Bar El Jardín	90.6	12.2	24.0		Paso	11:05:19 a.m.	10:45:54 a.m.	10:39:26 a.m.
88	Puente sobre río Cañas	91.0	11.8	24.0		Paso	11:06:00 a.m.	10:46:30 a.m.	10:40:00 a.m.
89	Indu Farm	93.0	9.8	26.0		Paso	11:09:26 a.m.	10:49:30 a.m.	10:42:51 a.m.
90	Hotel El Paraje del Diria	98.3	4.5	48.0		Paso	11:18:31 a.m.	10:57:27 a.m.	10:50:26 a.m.
91	Universidad de Costa Rica sede Sta.Cruz	98.8	3.0	42.0		3 KM Meta	11:19:22 a.m.	10:58:12 a.m.	10:51:09 a.m.
92	Universidad Latina	100.1	2.7	42.0		Paso	11:21:36 a.m.	11:00:09 a.m.	10:53:00 a.m.
93	Puente sobre río Diria	100.1	2.7	48.0		Paso	11:21:36 a.m.	11:00:09 a.m.	10:53:00 a.m.
94	Semáforo Santa Cruz - Banco Nacional	101.6	1.2	47.0		Paso	11:24:10 a.m.	11:02:24 a.m.	10:55:09 a.m.
95	Farmacia La Auxiliadora	101.8	1.0	47.0		1 KM Meta	11:24:31 a.m.	11:02:42 a.m.	10:55:26 a.m.
96	Farmacia La Auxiliadora	101.8	1.0	47.0		Derecha	11:24:31 a.m.	11:02:42 a.m.	10:55:26 a.m.
97	Soda Doña Hilda	102.1	0.7	49.0		Paso	11:25:02 a.m.	11:03:09 a.m.	10:55:51 a.m.
98	I.C.E.	102.3	0.5	49.0		Paso	11:25:22 a.m.	11:03:27 a.m.	10:56:09 a.m.
99	Tribunales de Justicia	102.5	0.3	51.0		Izquierda	11:25:43 a.m.	11:03:45 a.m.	10:56:26 a.m.
100	Super Compro Santa Cruz	102.8	0.0	51.0		META	11:26:14 a.m.	11:04:12 a.m.	10:56:51 a.m.

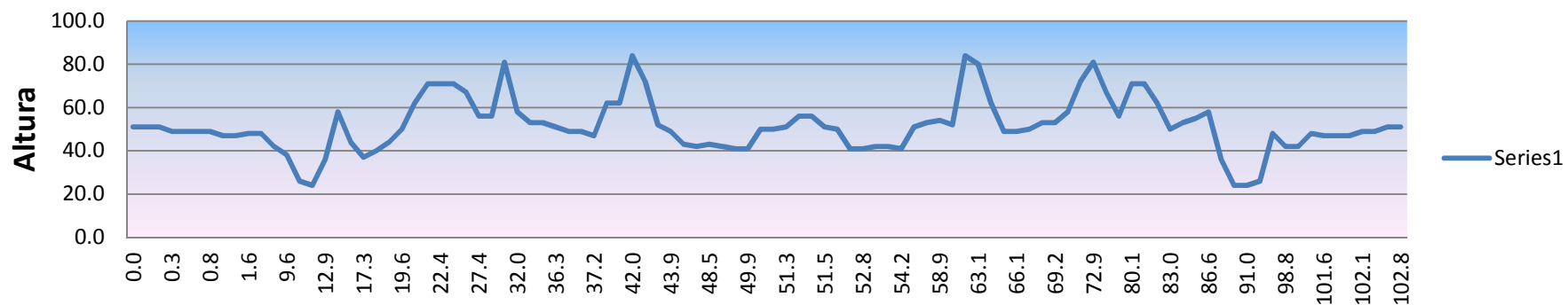
Categoría Infantil: Santa Cruz - Retorno en Belén - Santa Cruz 36.4 kms

Categoría prejuvenil y NO FEDERADOS: Santa Cruz - Belén - Retorno Plaza de futbol Santa Ana - Belén - Santa Cruz 44.4 kms

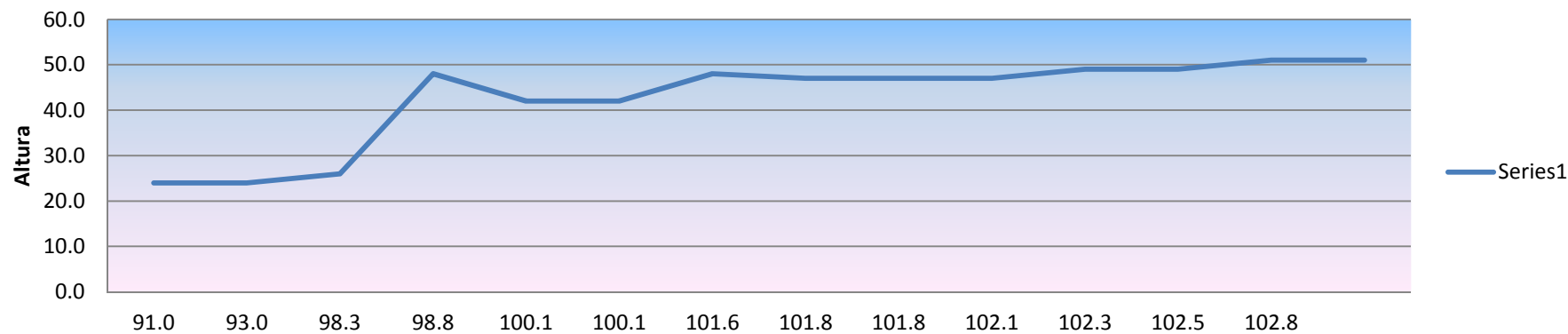
Categoría Juvenil - Femenino - Máster C: Santa Cruz - Belén - Retorno Plaza Izarra - Belén - Santa Cruz 84 kms

Categoría Élite - Máster A - Máster B: Santa Cruz - Belén - Retorno Villarreal - Belén - Santa Cruz 102.8 Kms

## Altimetría 3º fecha III COPA GUANACASTECA DE CICLISMO DE RUTA SUPER COMPRO 2013



## 10 kms a Meta


















**ETAPA/STAGE 4**  
**FECHA: 28/07/2013**

**Recorrido / Course Sinopsis**

**Playa El Coco - Playa Panamá - Four Season - Playa Panamá - Playa El Coco**

Dedicado:		Lugar de llegada / Finish place	SUPERCOMPRO
Total Kilometros:	82.2	Control Antidoping /	
Modalidad / Meeting place	Ruta en línea /Pt. To Pt. Race	Altitud min. / Min. Altitude	12 msnn/m.a.s.i.
Firma de planillas / Book signing place	SUPER COMPRO	Altitud max. / Max Altitude	161 msnn/m.a.s.i.
Hora Inicio firma / Book signing start time	07:00 a.m.	Km acumulado / Accumulated	
Hora cierra firmas / Book signing close time	08:15 a.m.	Descalificación / Time limit	
Hora de salida / Start time	08:30 a.m.	Hospital	Liberia

Referencia / Reference Point	Kms	Kms Restantes Remaining	Alt	Descripción Detail	35KPH	40 KPH	45 KPH
1 Supermercado SUPERCOMPRO	0	82.2	12	 Salida	08:30 a.m.	08:30 a.m.	08:30 a.m.
2 Cementerio Playa El Coco	2.4	79.8	46		08:34:07 a.m.	08:33:36 a.m.	08:33:12 a.m.
3 Cruce Playa El Coco - Playa Panamá	3.6	78.6	117	 Derecha	08:36:10 a.m.	08:35:24 a.m.	08:34:48 a.m.
4 Descenso Playa Hermosa	7	75.2	119		08:42:00 a.m.	08:40:30 a.m.	08:39:20 a.m.
5 Entrada Playa Hermosa	9.7	72.5	26		08:46:38 a.m.	08:44:33 a.m.	08:42:56 a.m.
6 Hotel Condovac	10.3	71.9	29		08:47:39 a.m.	08:45:27 a.m.	08:43:44 a.m.
7 Boulevard Playa Escondida	11.3	70.9	34		08:49:22 a.m.	08:46:57 a.m.	08:45:04 a.m.
8 Entrada Pueblo Playa Panamá	13.2	69	11	 Izquierda	08:52:38 a.m.	08:49:48 a.m.	08:47:36 a.m.
9 Desvío Playa Panamá- Grand Papagayo	14.2	68	16	 Derecha	08:54:21 a.m.	08:51:18 a.m.	08:48:56 a.m.
10 Desvío Playa Panamá- Grand Papagayo	14.2	68	16	 Apertura Asist.	08:54:21 a.m.	08:51:18 a.m.	08:48:56 a.m.
11 Cima ascenso Playa Panamá	16.8	65.4	148		08:58:48 a.m.	08:55:12 a.m.	08:52:24 a.m.
12 Plantel Quebrador RAASA	19.1	63.1	38		09:02:45 a.m.	08:58:39 a.m.	08:55:28 a.m.
13 Cruce Trancas - Guardia - Playa Panamá	22.2	60	34	 Izquierda	09:08:03 a.m.	09:03:18 a.m.	08:59:36 a.m.
14 Ascenso Papagayo	31.2	51	157		09:23:29 a.m.	09:16:48 a.m.	09:11:36 a.m.
15 Entrada Playa Iguanita	31.5	50.7	157		09:24:00 a.m.	09:17:15 a.m.	09:12:00 a.m.
16 Desvío Playa Cabuyal	35.1	47.1	161		09:30:10 a.m.	09:22:39 a.m.	09:16:48 a.m.
17 Rotonda Four Season	42	40.2	123	 Retorno	09:42:00 a.m.	09:33:00 a.m.	09:26:00 a.m.
18 Desvío Playa Cabuyal	48.9	33.3	161		09:53:50 a.m.	09:43:21 a.m.	09:35:12 a.m.
19 Entrada Playa Iguanita	51.5	30.7	157		09:58:17 a.m.	09:47:15 a.m.	09:38:40 a.m.
20 Cruce Trancas - Guardia - Playa Panamá	61.2	21	34	 Derecha	10:14:55 a.m.	10:01:48 a.m.	09:51:36 a.m.
21 Plantel Quebrador RAASA	64.7	17.5	38		10:20:55 a.m.	10:07:03 a.m.	09:56:16 a.m.

22	Desvío Playa Panamá- Grand Papagayo	69.5	12.7	16		Izquierda	10:29:09 a.m.	10:14:15 a.m.	10:02:40 a.m.
23	Entrada Pueblo Playa Panamá	70.5	11.7	11		Derecha	10:30:51 a.m.	10:15:45 a.m.	10:04:00 a.m.
24	Boulevard Playa Escondida	71	11.2	34		Derecha	10:31:43 a.m.	10:16:30 a.m.	10:04:40 a.m.
25	Salida Playa Escondida	72	10.2	68		Derecha	10:33:26 a.m.	10:18:00 a.m.	10:06:00 a.m.
26	Hotel Condovac	72.2	10	29		Paso	10:33:46 a.m.	10:18:18 a.m.	10:06:16 a.m.
27	Entrada Playa Hermosa	72.8	9.4	26		Paso	10:34:48 a.m.	10:19:12 a.m.	10:07:04 a.m.
28	Entrada Playa Hermosa	72.8	9.4	26		Cierre Asist.	10:34:48 a.m.	10:19:12 a.m.	10:07:04 a.m.
29	Desvío Sardinal - Playa El Coco	78.5	3.7	124		Derecha	10:44:34 a.m.	10:27:45 a.m.	10:14:40 a.m.
30	Cementerio Playa El Coco	79.7	2.5	46		Paso	10:46:38 a.m.	10:29:33 a.m.	10:16:16 a.m.
31	Supermercado SUPERCOMPRO	82.2	0	12		META	10:50:55 a.m.	10:33:18 a.m.	10:19:36 a.m.

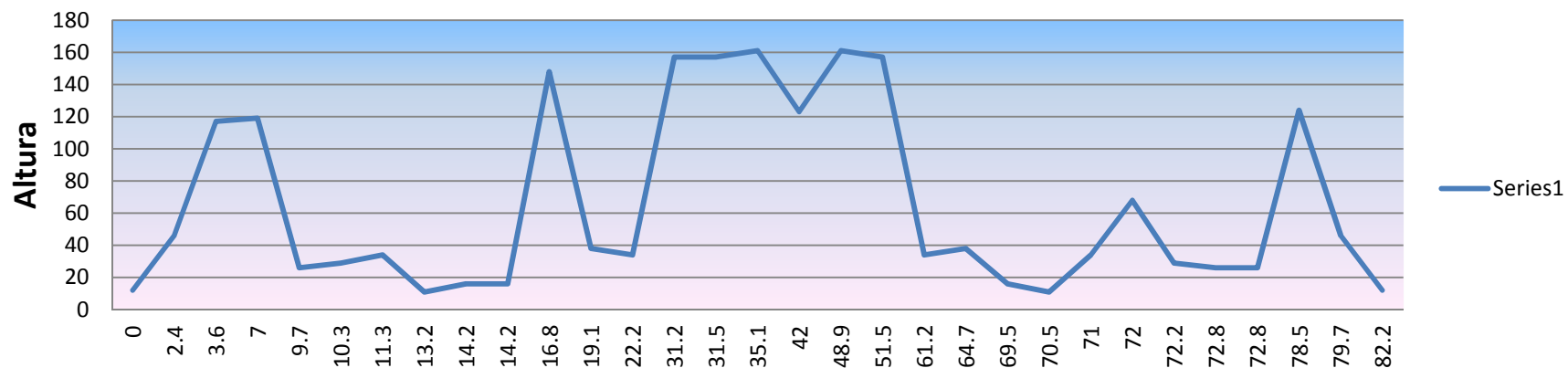
Categoría Infantil: Playas El Coco - Cruce Playa Hermosa - Retorno Cruce (Playa Panamá - Trancas)- Desvío Playa El Coco - Playa El Coco 28.4 kms

Categoría prejuvenil y NO FEDERADOS: Playa El Coco - Playa Panamá - Retorno en Trancas - Playa Panamá - Playa El Coco 44.4 kms

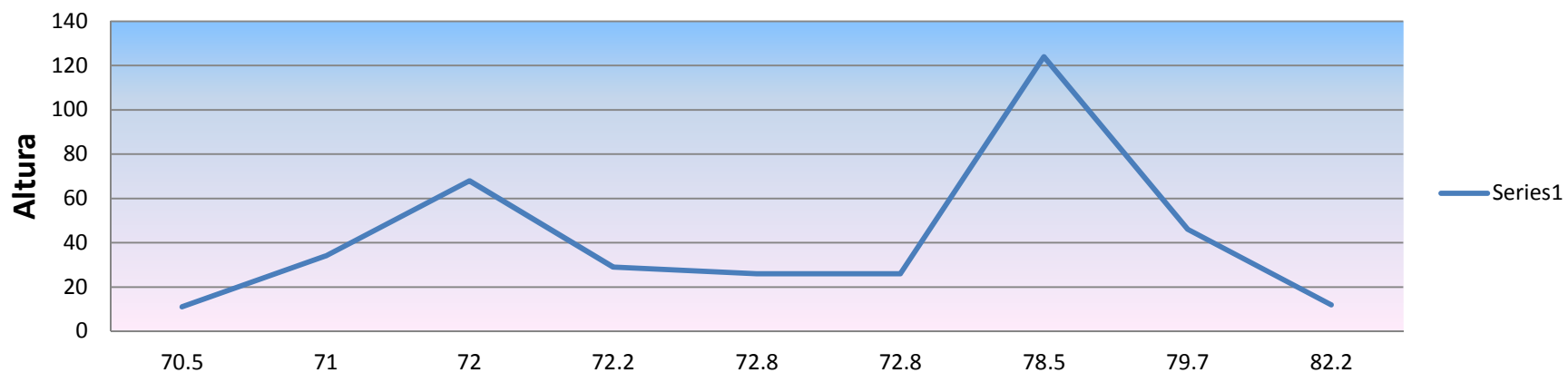
Categoría Juvenil - Femenino - Máster C: Playa El Coco - Playa Panamá - Retorno Entrada Playa Iguanita - Trancas - Playa Panamá - El Coco 63 kms

Categoría Élite - Máster A - Máster B: Playa El Coco - Playa Panamá - Rotonda Four Season - Playa Panamá -Boulevard - Playa El Coco 82.2 Kms

**4º Fecha III COPA GUANACASTECA DE CICLISMO DE RUTA SUPER**  
**COMPRO 2013**



**10 Kms a Meta**





ETAPA/STAGE 5  
FECHA: 25/08/2013



Recorrido / Course Sinopsis

Cañas - Canaleta de Upala - Cañas

Dedicado:		Lugar de llegada / Finish place	SUPERCOMPRO
Total Kilometros:	114	Control Antidoping /	
Modalidad / Meeting place	Ruta en línea /Pt. To Pt. Race	Altitud min. / Min. Altitude	87 msnn/m.a.s.i.
Firma de planillas / Book signing place	SUPER COMPRO	Altitud max. / Max Altitude	161 msnn/m.a.s.i.
Hora Inicio firma / Book signing start time	07:00 a.m.	Km acumulado / Accumulated	
Hora cierra firmas / Book signing close time	08:15 a.m.	Descalificación / Time limit	
Hora de salida / Start time	08:30 a.m.	Hospital	Liberia

Referencia / Reference Point	Kms	Kms Restantes Remaining	Alt	Descripción Detail	35KPH	40 KPH	45 KPH
1 Supermercado SUPERCOMPRO	0	114	87	 Salida	08:30 a.m.	08:30 a.m.	08:30 a.m.
2 Arrocera Liborio	1.4	112.6	85	Paso	08:32:24 a.m.	08:32:06 a.m.	08:31:52 a.m.
3 Puente Río Sandillal	2.7	111.3	58	Paso	08:34:38 a.m.	08:34:03 a.m.	08:33:36 a.m.
4 Hotel Capazuri	2.8	111.2	58	Paso	08:34:48 a.m.	08:34:12 a.m.	08:33:44 a.m.
5 Puente Canal del Sur	3.6	110.4	57	Paso	08:36:10 a.m.	08:35:24 a.m.	08:34:48 a.m.
6 Puente Río Corobicí - Restaurante Corobicí	5.1	108.9	42	Paso	08:38:45 a.m.	08:37:39 a.m.	08:36:48 a.m.
7 Entrada Upala	6.4	107.6	43	 Derecha	08:40:58 a.m.	08:39:36 a.m.	08:38:32 a.m.
8 Puente Canal de Riego	8.5	105.5	53	Paso	08:44:34 a.m.	08:42:45 a.m.	08:41:20 a.m.
9 CAPRISOL Productos de Cabra	11.6	102.4	166	Paso	08:49:53 a.m.	08:47:24 a.m.	08:45:28 a.m.
10 Entrada a Palmira	17.4	96.6	232	 Retorno Infantil	08:59:50 a.m.	08:56:06 a.m.	08:53:12 a.m.
11 Entrada Finca Valle Escondido	22.2	91.8	349	Paso	09:08:03 a.m.	09:03:18 a.m.	08:59:36 a.m.
12 Entrada Finca Valle Escondido	22.2	91.8	349	 Apertura Asist.	09:08:03 a.m.	09:03:18 a.m.	08:59:36 a.m.
13 Entrada Hacienda Tenorio	24.1	89.9	364	 Retorno Prejuven	09:11:19 a.m.	09:06:09 a.m.	09:02:08 a.m.
14 Finca Ecos del Porvenir	27.7	86.3	402	Paso	09:17:29 a.m.	09:11:33 a.m.	09:06:56 a.m.
15 Puente angosto Río Tenorio	30	84	405	 Precaución	09:21:26 a.m.	09:15:00 a.m.	09:10:00 a.m.
16 Reductor de velocidad	33.3	80.7	520	 Precaución	09:27:05 a.m.	09:19:57 a.m.	09:14:24 a.m.
17 Soda Matamoros Río Naranjo	33.4	80.6	520	 Retorno NO FEDERA	09:27:15 a.m.	09:20:06 a.m.	09:14:32 a.m.
18 Puente Angosto	33.5	80.5	520	 Precaución	09:27:26 a.m.	09:20:15 a.m.	09:14:40 a.m.
19 Bar Rancho Leo	36.3	77.7	506	Paso	09:32:14 a.m.	09:24:27 a.m.	09:18:24 a.m.
20 Tilapias El Angel	38	76	473	Paso	09:35:09 a.m.	09:27:00 a.m.	09:20:40 a.m.
21 Puesto Policial Comando Bijagua	38.5	75.5	460	 Retorno Juvenil -Master C-	09:36:00 a.m.	09:27:45 a.m.	09:21:20 a.m.

22	Banco Nacional de Bijagua	39.8	74.2	444		Paso	09:38:14 a.m.	09:29:42 a.m.	09:23:04 a.m.
23	Reductor de velocidad - Soda Tinajitas	40.1	73.9	444	!	Precaución	09:38:45 a.m.	09:30:09 a.m.	09:23:28 a.m.
24	Reductor de Velocidad	40.3	73.7	444	!	Precaución	09:39:05 a.m.	09:30:27 a.m.	09:23:44 a.m.
25	Reductor de Velocidad	40.5	73.5	444	!	Precaución	09:39:26 a.m.	09:30:45 a.m.	09:24:00 a.m.
26	Bar y Restaurante Vista Point	45.1	68.9	480		Paso	09:47:19 a.m.	09:37:39 a.m.	09:30:08 a.m.
27	Soda La Ceiba	52	62	124		Paso	09:59:09 a.m.	09:48:00 a.m.	09:39:20 a.m.
28	Reductor de Velocidad bajando	53.8	60.2	96	!	Precaución	10:02:14 a.m.	09:50:42 a.m.	09:41:44 a.m.
29	Reductor de Velocidad bajando	53.9	60.1	94	!	Precaución	10:02:24 a.m.	09:50:51 a.m.	09:41:52 a.m.
30	Entrada Colonia Bolaños	56.5	57.5	43		Paso	10:06:51 a.m.	09:54:45 a.m.	09:45:20 a.m.
31	Comando Canalete de Upala	57	57	43	Retorno	Retorno Élite - Máster A -	10:07:43 a.m.	09:55:30 a.m.	09:46:00 a.m.
32	Entrada Colonia Bolaños	57.5	56.5	43		Paso	10:08:34 a.m.	09:56:15 a.m.	09:46:40 a.m.
33	Reductor de Velocidad	60.1	53.9	94	!	Precaución	10:13:02 a.m.	10:00:09 a.m.	09:50:08 a.m.
34	Reductor de Velocidad	60.2	53.8	96		Paso	10:13:12 a.m.	10:00:18 a.m.	09:50:16 a.m.
35	Soda La Ceiba	62	52	124		Paso	10:16:17 a.m.	10:03:00 a.m.	09:52:40 a.m.
36	Bar y Restaurante Vista Point	68.9	45.1	480		Paso	10:28:07 a.m.	10:13:21 a.m.	10:01:52 a.m.
37	Reductor de Velocidad	73.5	40.5	444	!	Precaución	10:36:00 a.m.	10:20:15 a.m.	10:08:00 a.m.
38	Reductor de Velocidad	73.7	40.3	444	!	Precaución	10:36:21 a.m.	10:20:33 a.m.	10:08:16 a.m.
39	Reductor de velocidad - Soda Tinajitas	73.9	40.1	444	!	Precaución	10:36:41 a.m.	10:20:51 a.m.	10:08:32 a.m.
40	Banco Nacional de Bijagua	74.2	39.8	444		Paso	10:37:12 a.m.	10:21:18 a.m.	10:08:56 a.m.
41	Puesto Policial Comando Bijagua	75.5	38.5	460		Paso	10:39:26 a.m.	10:23:15 a.m.	10:10:40 a.m.
42	Tilapias El Angel	76	38	473		Paso	10:40:17 a.m.	10:24:00 a.m.	10:11:20 a.m.
43	Bar Rancho Leo	77.7	36.3	506		Paso	10:43:12 a.m.	10:26:33 a.m.	10:13:36 a.m.
44	Puente Angosto	80.5	33.5	520	!	Precaución	10:48:00 a.m.	10:30:45 a.m.	10:17:20 a.m.
45	Soda Matamoros Río Naranjo	80.7	33.3	520		Paso	10:48:21 a.m.	10:31:03 a.m.	10:17:36 a.m.
46	Reductor de Velocidad	80.9	33.1	520	!	Precaución	10:48:41 a.m.	10:31:21 a.m.	10:17:52 a.m.
47	Puente angosto Río Tenorio	82.2	31.8	405	!	Precaución	10:50:55 a.m.	10:33:18 a.m.	10:19:36 a.m.
48	Finca Ecos del Porvenir	84.5	29.5	402		Paso	10:54:51 a.m.	10:36:45 a.m.	10:22:40 a.m.
49	Entrada Hacienda Tenorio	88.1	25.9	364		Paso	11:01:02 a.m.	10:42:09 a.m.	10:27:28 a.m.
50	Entrada Finca Valle Escondido	90	24	349		Paso	11:04:17 a.m.	10:45:00 a.m.	10:30:00 a.m.
51	Entrada a Palmira	94.8	19.2	232		Paso	11:12:31 a.m.	10:52:12 a.m.	10:36:24 a.m.
52	CAPRISOL Productos de Cabra	100.6	13.4	166		Paso	11:22:27 a.m.	11:00:54 a.m.	10:44:08 a.m.
53	CAPRISOL Productos de Cabra	100.6	13.4	166	!	Cierre Asist.	11:22:27 a.m.	11:00:54 a.m.	10:44:08 a.m.
54	Puente Canal de Riego	103.7	10.3	53		Paso	11:27:46 a.m.	11:05:33 a.m.	10:48:16 a.m.
55	Entrada Upala	107.6	6.4	43	←	Izquierda	11:34:27 a.m.	11:11:24 a.m.	10:53:28 a.m.
56	Puente Río Corobicí - Restaurante Corobicí	108.9	5.1	42		Paso	11:36:41 a.m.	11:13:21 a.m.	10:55:12 a.m.
57	Puente Canal del Sur	110.4	3.6	57		Paso	11:39:15 a.m.	11:15:36 a.m.	10:57:12 a.m.
58	Hotel Capazuri	111.2	2.8	58		Paso	11:40:38 a.m.	11:16:48 a.m.	10:58:16 a.m.
59	Puente Río Sandillal	111.3	2.7	58		Paso	11:40:48 a.m.	11:16:57 a.m.	10:58:24 a.m.
60	Arrocera Liborio	112.6	1.4	85		Paso	11:43:02 a.m.	11:18:54 a.m.	11:00:08 a.m.

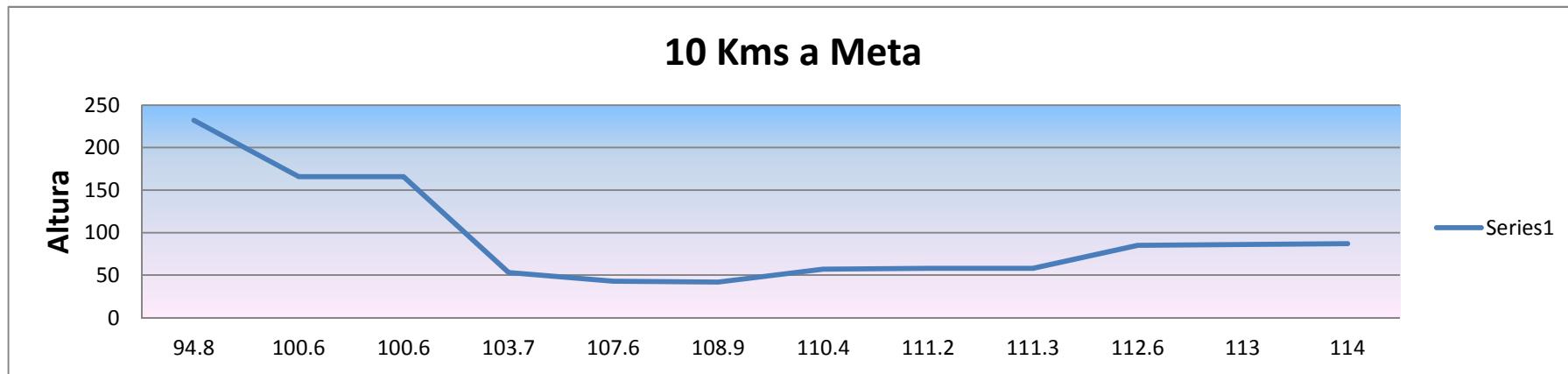
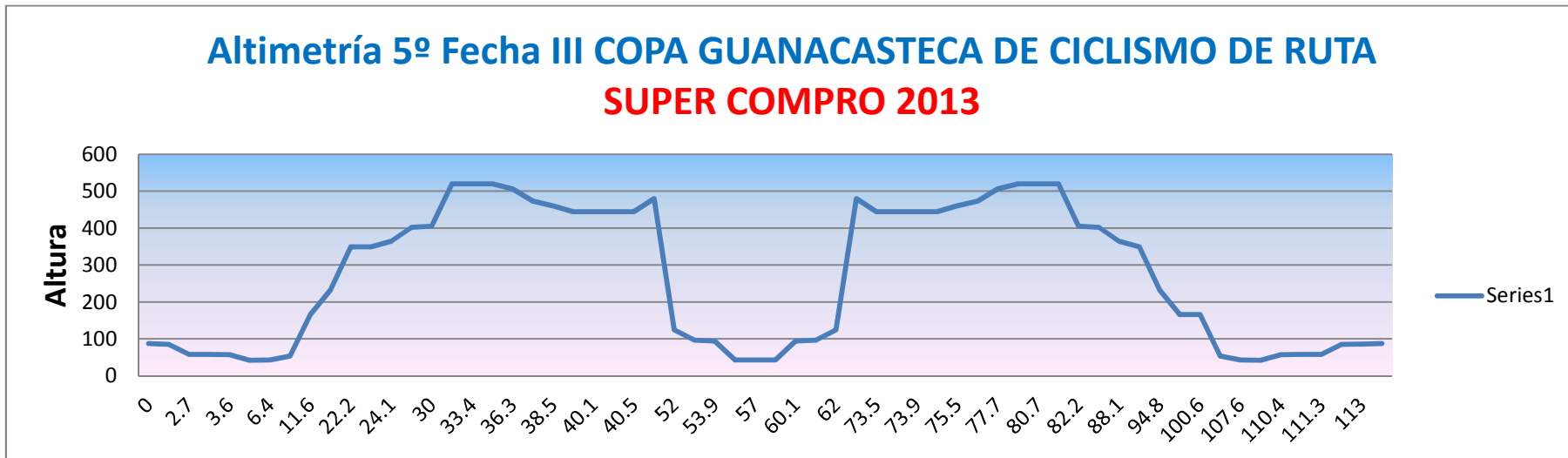
61	Laboratorio Diesel Carlos	113	1	86		1 Km a Meta	11:43:43 a.m.	11:19:30 a.m.	11:00:40 a.m.
62	Supermercado Super Compro	114	0	87		Meta	11:45:26 a.m.	11:21:00 a.m.	11:02:00 a.m.

Categoría Infantil: Cañas - Entrada Upala - Retorno Entrada Palmira - Interamericana - Cañas 34.8 kms

Categoría prejuvenil y NO FEDERADOS: Cañas - Entrada Upala - Retorno Entrada Hacienda Tenorio - Interamericana - Cañas 48.2 kms

Categoría Juvenil - Femenino - Máster C: Cañas - Cruce Upala - Retorno Puesto Policial Comando Bijagua - Interamericana - Cañas 77 kms

Categoría Élite - Máster A - Máster B: Cañas - Entrada Upala - Retorno Comando Canalete - Interamericana - Cañas 114 Kms










**ETAPA/STAGE 6**  
**FECHA: 15/09/2013**

**Recorrido / Course Sinopsis**  
**Entrada Quebrador - Liberia**

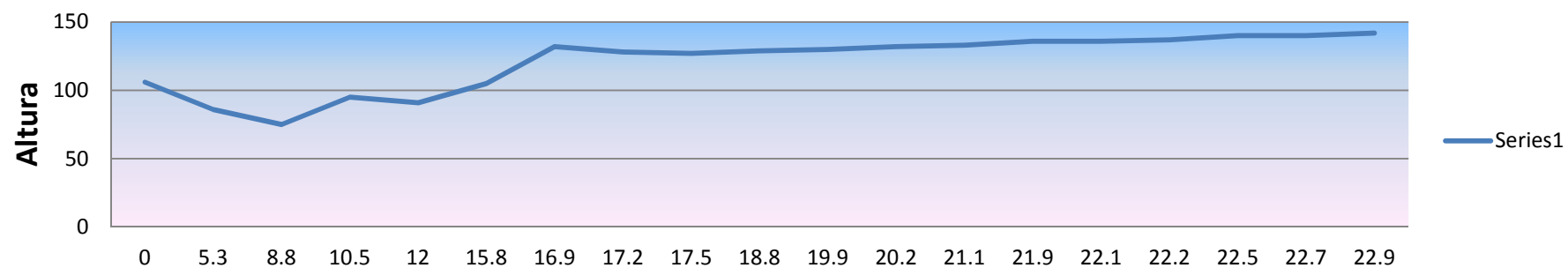
Dedicado:		Lugar de llegada / Finish place	SUPERCOMPRO PLAZA
Total Kilometros:	22.9	Control Antidoping /	
Modalidad / Meeting place	Contrarreloj	Altitud min. / Min. Altitude	75 msnn/m.a.s.i.
Firma de planillas / Book signing place	Entrada Quebrador	Altitud max. / Max Altitude	142 msnn/m.a.s.i.
Hora Inicio firma / Book signing start time	01:30 p.m.	Km acumulado / Accumulated	
Hora cierra firmas / Book signing close time	02:30 p.m.	Descalificación / Time limit	
Hora de salida / Start time	02:30 p.m.	Hospital	Liberia

Referencia / Reference Point	Kms	Kms Restantes Remaining	Alt	Descripción Detail	35KPH	40 KPH	45 KPH
1 Entrada Quebrador	0	22.9	106	 KM Cero	02:30 p.m.	02:30 p.m.	02:30 p.m.
2 Puente Río Ahogados	5.3	17.6	86	Paso	02:39:05 p.m.	02:37:57 p.m.	02:37:04 p.m.
3 Puente Río Hirigaray	8.8	14.1	75	Paso	02:45:05 p.m.	02:43:12 p.m.	02:41:44 p.m.
4 Entrada Cañas Dulces	10.5	12.4	95	Paso	02:48:00 p.m.	02:45:45 p.m.	02:44:00 p.m.
5 Entrada Torres del ICE	12	10.9	91	Paso	02:50:34 p.m.	02:48:00 p.m.	02:46:00 p.m.
6 Puente Río Colorado	15.8	7.1	105	Paso	02:57:05 p.m.	02:53:42 p.m.	02:51:04 p.m.
7 Bar Chaparrastique	16.9	6	132	Paso	02:58:58 p.m.	02:55:21 p.m.	02:52:32 p.m.
8 Instalaciones Arroz Sabanero	17.2	5.7	128	Paso	02:59:29 p.m.	02:55:48 p.m.	02:52:56 p.m.
9 Entrada a Curubandé	17.5	5.4	127	Paso	03:00:00 p.m.	02:56:15 p.m.	02:53:20 p.m.
10 Puente Río Santa Inés	18.8	4.1	129	Paso	03:02:14 p.m.	02:58:12 p.m.	02:55:04 p.m.
11 Academia TEOCALI	19.9	3	130	 3 Km Meta	03:04:07 p.m.	02:59:51 p.m.	02:56:32 p.m.
12 Puente Río Claro	20.2	2.7	132	Paso	03:04:38 p.m.	03:00:18 p.m.	02:56:56 p.m.
13 Puente Quebrada Cementerio	21.1	1.8	133	Paso	03:06:10 p.m.	03:01:39 p.m.	02:58:08 p.m.
14 Ferretería La Carreta	21.9	1	136	 1 Km Meta	03:07:33 p.m.	03:02:51 p.m.	02:59:12 p.m.
15 Edificio Toyota	22.1	0.8	136	Paso	03:07:53 p.m.	03:03:09 p.m.	02:59:28 p.m.
16 MacDonalDs Liberia - Semáforos	22.2	0.7	137	 Izquierda	03:08:03 p.m.	03:03:18 p.m.	02:59:36 p.m.
17 Tribunales de Justicia	22.5	0.4	140	Paso	03:08:34 p.m.	03:03:45 p.m.	03:00:00 p.m.
18 Banco Nacional de Costa Rica	22.7	0.2	140	Paso	03:08:55 p.m.	03:04:03 p.m.	03:00:16 p.m.
19 Supermercado SUPERCOMPRO PLAZA	22.9	0	142	 META	03:09:15 p.m.	03:04:21 p.m.	03:00:32 p.m.

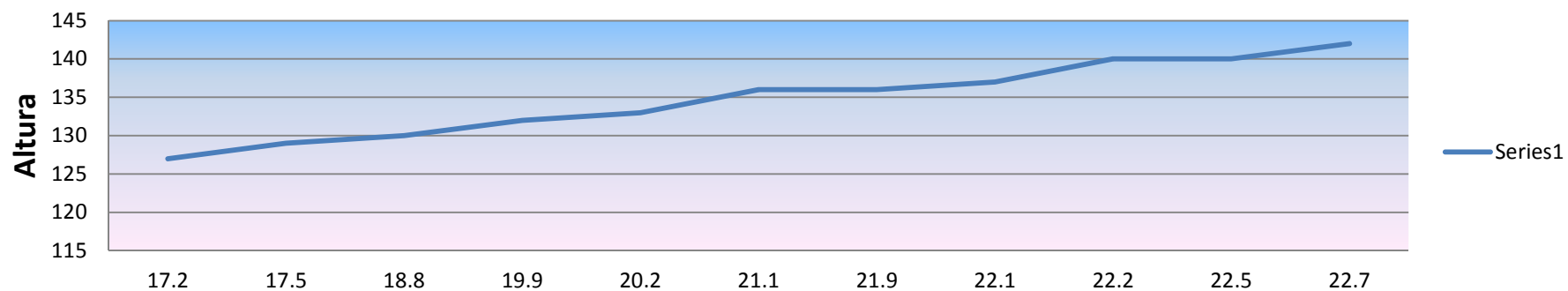
# 6º Fecha III COPA GUANACASTECA DE CICLISMO DE RUTA

**SUPER**

**COMPRO 2013**



## 5 Kms a Meta



Infantiles y Prejuveniles: Entrada de Curubandé - Liberia 10.6 kms  
Todas las demás categorías hacen el recorrido completo 22.9 kms